

Read the following text then answer the question paper.

Using skin care products

To improve the condition of the face there are many different products available on the market. These include cleansers, toners, exfoliants, moisturisers, face masks and other specialist skin care preparations. The products available are usually chosen depending on skin type and personal preference.

Cleansing a.m. and p.m. removes dirt, sebum, sweat, and make-up from the skin's surface. Products available include cleansing creams, lotions, milks, gels and wash-off bars.

Toning a.m. and p.m. tightens the skin, stimulates the skin and takes off any traces of cleanser left. Products available include lotions, fresheners and astringents.

Exfoliating once a week helps to take the dead cells from the top layer of the skin. This improves colour, texture and stimulates circulation. Products available can be a cream with tiny hard grains in it, dry grains that form a paste when mixed with water and there are also fruit acid peels.

Moisturising a.m. and p.m. puts a protective film on the skin to keep it soft and supple. It restores oil to the skin after toning. It holds the water in the skin, so keeping the skin hydrated. Products are available in creams, lotions or milks.

Face masks are recommended once a week and deep cleanse the skin. They come in various types including peel-off masks, thermal masks, clay masks and fruit masks. Other products available include eye make-up removers, night creams and eye creams.

Sample

Entry 3 Section 3

Using skin care products

Candidate name..... Date ERF

Underline the correct answer, according to the text.

Question		Mark
1	This text is a. an advertisement b. an information page c. a warning notice	2
2	The text mainly concerns a. using make up b. looking after the face c. skin problems	2
3	The text should be read by a. nurses b. hairdressers c. beauty salon workers	2
4	When should the skin be cleansed? a. In the morning b. In the evening c. Morning and evening	2
5	When is astringent used ? a. Before cleansing b. After cleansing c. Instead of cleansing	2
6	d. Which process makes the skin tighter?? a. Cleansing b. Moisturising c. Toning	2
7	How does exfoliating affect the skin? a. Makes skin cleaner b. Takes away dead skin c. Dries the skin	2
8	What is meant by hydrated ? a. Containing enough water b. Containing enough oil c. Very dry	2
9	Why are face masks a good idea? a. They hide the face b. They protect the skin c. They cleanse the skin thoroughly	2
Total marks for written answers		18

Sample

Entry3 1 Task 1 Using skin care products

Oral questions and discussion

	Questions	Answers	Name	Oral Question Mark	Total reading mark
1.	What kinds of cleansing products can you use?	Creams, lotions, milks, gels and wash-off bars			20
2.	What good does toning do?	Tightens and stimulates skin, removes all traces of cleansers.			20
3.	What does exfoliating cream feel like?	It has tiny hard grains in it			20
4.	Which process protects the skin?	Moisturising			20
5.	How often should exfoliating be done?	Once a week			20
6.	Which products have a fruit ingredient?	Exfoliating peels/ some face masks			20
7.	Which part of the face may need special products?	Eyes			20

Discussion suggestions

Assessors may suggest a topic or choose from the following.

[If all the candidates work in the beauty industry]

Many products claim to reverse the appearance of age. Have you any knowledge of successful treatments - why do you think they work, what are the possible dangers of using them.

[If some candidates work in the beauty industry]

One of your classmates is preparing for a special occasion. What 3 beauty treatments would you recommend to give confidence and help the person to look right for the occasion? Answer his/her questions and explain how the treatments will affect him/her.

[If candidates work in some related industry]

How important is the way we look at work? What advice would you give a person hoping to do well in your industry?